



# Silvia Stocker

## australia&newzealandtravel

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### English & Football

Lincoln High School, LU Language Centre & Asia Pacific Football Academy  
Christchurch – Isla Sur – Nueva Zelanda

Tenemos el agrado de presentar un nuevo programa English & Football  
Solo en el mes de Febrero – en caso de que haya un grupo Interesado la segunda  
semana de Enero es posible. Mínimo 10 estudiantes.

The **Football Development Program** includes:

- Pitch training between 1.00pm and 3.00pm on Monday, Wednesday and Friday, plus one weekend session. This would cover technical skills development and tactical understanding as well as football related fitness/conditioning
- Strength and Conditioning work – programmes set for players to work on outside formal sessions at the University's Gym facilities.
- Games Programme according to ability of players and timing
- Video analysis – technical skills and game play
- Nutrition guidance
- Introduction to goal setting and pathway options
- Detailed player assessment report with performance gradin

### Dos alternativas

#### 1. Academia de Ingles + Football Training

Curso de Ingles de 9 a 12.30 hs. Lunes , Miércoles y Viernes

Football Training de 9 a 12.30 y de 1.30 a 15hs Martes y Jueves

Costo del programa USD 790 x semana + USD 300 Matricula & Administration fees

#### 2. Lincoln High School Programm + Football Training

Football Training de Lunes a Viernes de 9.30 a 11.30

High School ESOL o Programas del colegio de lunes a viernes de 12 a 15 hs.

Costo del Programa USD 630 x semana + USD 250 Matricula & Administration fees

Precio incluye: alojamiento en Homestay con pension completa ( picknick lunch),

Curso de Ingles & Football Training, Ticket de transporte local

Se puede contratar por un minimo de 2 semanas hasta año completo

- precios sujetos a fluctuación cambiaria

### INFORMACIÓN Y RESERVAS

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